

Summary:

The intervertebral disk prosthesis or nuclear prosthesis (1) consists of a longitudinal, flexibility-yielding object (2) which can be spiral-wound (2), with a first exterior end (3), a second interior end (4) and a longitudinal central axis (5). The cross-section (10) of the object (2), which is orthogonal towards the central axis (5), is reduced in size towards the second interior end (4).